



Learn something new about your teacher.

Art by Joshua, age 16, Kalagi, Uganda



Get Inspired

Quote

"Anyone who does anything to help a child in his life is a hero to me."

Fred Rogers

Fact

About 1 in 4 teachers are men and 3 in 4 teachers are women.



Shake It Up

Stand up. Do 15 toe touches. Do 15 sit ups. Run in place while you count to 20.

"I am curious!"



Talk It Out

1. What do you want to know about your teacher?
2. Have you ever wondered what your teacher was like when she/he was your age?
3. Why is it important to ask people questions and learn new things about them?



Do It!

1. Write down one question for your teacher on a piece of paper or in the chat box.
2. Show your written question on camera so your teacher and classmates can see.
3. Let your teacher answer as many questions as possible.
4. Thank your teacher for sharing.

Learn something new about your teacher.

SEL Competencies

Social Awareness

Empathy
Appreciating Diversity
Respect for Others

Relationship Skills

Communication
Relationship Building
Social Engagement

Timeframe

15 - 30 min

Materials Required

Paper or something to write on
Pencil, pen or something to write with



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Quote

Invite a student to read the quote.

Fact

About 1 in 4 teachers are men and 3 in 4 teachers are women. [Source](#): National Center for Education Statistics (NCES)



Shake It Up

Get your students moving. Invite them to do the following activity:

Stand up. Do 15 toe touches. Do 15 sit ups. Run in place while you count to 20. When finished say, "I am curious!"



Talk It Out

Encourage your students to reflect on the provided questions.

1. What do you want to know about your teacher?
2. Have you ever wondered what your teacher was like when she/he was your age?
3. Why is it important to ask people questions and learn new things about them?



Do It! (as a class)

Invite your students to do the following:

1. Write down one question for you (the teacher) on a piece of paper or in the chat box.
2. Show their written question on camera so you and the classmates can see.
3. Answer as many questions as possible.